Approved Medicines

OF

Little coſt, to preſerve health and alſo to cure thoſe that are SICK.

Provided

For the Souldiers Knap-ſack, and the Country mans Cloſet.

Written by RICHARD ELKES Gent.
Student in the Art of Phyſick, living at Bagſhot *in the County of* Surry.

Medicos & Chirurgos ſubinde mutare; ægris tædium non levamen eſt.

Eccleſ. 38. 4.

The Lord hath created Medicines out of the earth, and he that is wiſe will not abhorre them.

LONDON
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[illegible]

TO THE High and Honourable Court of Parliament, *Rich. Elkes* wisheth health, peace, and tranquility.

Right Honourable,

FOR *as much as all men ought in their severall places and callings to endeavour to doe good in that Commonwealth, wherein they live, your poor Subject hath seen many men, both Souldiers and others loose their lives, by a careleſſe demeanour, sometimes ignorantly, sometimes wilfully, sometimes for want of a Physitian, and Chyrurgeon, sometimes neglecting the means when it may*

be had, for the prevention thereof, I do here make bold to present unto your view some Defensives and Remedies, for all that desire Health.

In the absence of a Learned Physitian and Chyrurgion, these easie Medicines may both cure and preserve health; as the learned saith, the Physitians duty consisteth, in two principall points, First, To preserve health. Secondly, To cure the sick, which I have and will indeavour to doe, according to that Tallent that Almighty God hath bestowed upon me, and rest your obedient Servant

To Command, in all submission and diligence.

RICHARD ELKES.

The Directions of an old Souldier in *Ireland* about forty years ſince, which became a Phyſitian there.

AS I travelled through the Countie of *Clare*, I heard of an excellent Phyſitian which had accompliſhed manie rare cures, but eſpecially the Bloody Flux. After ſome time ſpent I found the man, and conferred with him touching his Art, which he ſeemed willing to impart, requeſting the like of me, and ſaid about fortie years before that time, he came out of *England* a Souldier into that Country, which was in Queen *Elizabeths* daies; before a month was expired the Bloodie Flux ſeized upon him, and as he ſuppoſed it came by eating of freſh meat, freſh fiſh, lying upon the ground being hot, and ſuch like; he remembred ſome directions that

was

was given to him before he came out of *England*, That when you eate, give over with an appetite, drinke no more but to quench thirſt, if you drink when you are hot, march after it, or ſtirre your body, when you reſt at your fires ſit not upon the cold ground, but upon wood, ſtraw, or ſuch like; put off your wet cloathes, and eſpecially your Stockings and dry them, *&c.*

And carrie in your Knap-ſacke a peece of ſteele to heat red hot, and quench it in your beer, water or milke, and as you travel gather the leaves and bark of the Oake, and the leaves of the black-Thorn, a bagge of Salt and Oatmeale, that if the Flux ſhould take you, you might helpe your ſelfe. So this old Souldier remembred his directions, and obſerved it diligently, when he came to their fires, to dry his cloathes, and ſit upon wood, or ſuch like, and he caſt his peece of ſteele into the fire to warme his drink, and when they had fiſh or fleſh boiled, he would caſt into the boiler, a handfull of Oaken leaves, or bark of the Oak, or a handful of leaves of Black-Thorn, Salt and Oatmeale; and grated into his

beer

beer ſome of the Oake bark; this being obſerved, cured himſelfe, and many of his fellow Souldiers. The Wars being ended, he became a Phyſitian, and gained both monie and credit, by curing the Flux, and ſome other infirmities.

Thus may any Souldier obſerve and do for their healths in *England*, *Ireland*, and *Scotland*, if need require. Alſo the Souldiers may provide in their Knap-ſacks three ſorts of Earth, that is Terra Lemnia, it is called in the Apothecaries ſhops, Terra Sigillata, Bolarmonicke, and Chalke; this Terra Lemnia commeth out of the Iſland of *Lemnos* in the *Turkes* Dominion, the quantity of a Bullet ſwallowed whole or beaten topowder, and taken in Broth or other liquor faſting, it cureth the Flux, and preſerveth from the Peſtilence; the beſt Bolarmonick commeth out of *Spaine*, and may be taken faſting in like quantity, or in ſome broth, the quantity of two Bullets to cure a Flux; the common Chalke which we have in *England* may be beaten to powder and boiled in milke or broth, and taken faſting it cureth a Flux, if it be often

taken the quantity of a ſpoonfull twice in the day. Thus much of medicines with little coſt.

2 *To proceed to the cure of the* Flux, *methodically according to Art.*

YOu muſt conſider what kinds of Flux the parties are grieved with, and the complexion that doth predominate; firſt, whether it be the Flux Diarrhea, Lienteria, or Dyſenteria, if it be Dyſenteria which is moſt dangerous, I have read of foure kinds, but it requires a long diſcourſe concerning al the ſorts, but I omit that, becauſe the cure differeth but little; only this, if you find the exhulceration to be in the upper & ſmal guts, you muſt miniſter medicines at the mouth, but if it be at the bigger or lower bowells, you muſt caſt in gliſters often, if the party be without a Feavour, give him milke newly milked, wherein a gad of ſteele hath been quenched, you may make Suppings or Broth with Quinces, Knot-graſſe, Plantain-leaves, Willow-leaves, Cumfrey-roots, and ſuch like, you may make Rice-Milke, or boile white Starch in Milke, eate no fleſh but Partridges, Culvers, or

Birds

Birds of the mountaine, Goates and Hares fleſh may be permitted; a good diet wel obſerved, the cure is halfe accompliſhed.

If ſtrength doe permit, you may purge down the vicious humors with two drams of Rubarb, infuſed in halfe a pint of white wine, with Currans and ſweet Fennell ſeeds, and drink it faſting to purge the vicious humors, after purging, take a dram of Diaſcordium, thus may you purge every other day; for in a week after this, make a drink with running water of two quarts, put ſeeds of Sorrell, Pumgranat rindes, Knot-graſſe, Cumfery roots, Bryer roots, Plantain leaves, Cinamon, Bolarmonicke, Dragons blood, and Sugar; drinke this as an ordinary drinke: Likewiſe you may make a drink with red wine, Cinamon, Sugar, Knotgraſſe, and Cumfery roots to drink three times a day four ſpoonfuls at a time.

2 *To make a Gliſter glutinous.*

RE: three pints of water, quench ſteel in it, untill one third part be waſted then boile in it Cumfery roots, Knotgraſſe, Bryer leaves, red Roſe leaves, and Plantain leaves, of each a little handfull of Acatia,

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hypociſchidis, *ana.* ℈ij. Bolarmonack; *Sanguis Dragonis: ana.* ℈j. the juyce of Quinces ʒj. Goates Tallow ℥j. if it may be had, and yolkes of three eggs, commixe this together and make a Gliſter, adminiſter this as often as you ſhall ſee cauſe.

3 *For an Implaiſter.*

REc. of the Oyles of Quinces, Roſes, Maſtick *ana.* ℥j. of the meale of Fenny Greeke and Barley ʒj. *Sanguis Dragonis Balauſtia* ʒ ß. Bolarmonicke ℈j. *acalia* ʒij. as much wax and Roſen as is ſufficient, and make a Plaiſter, ſpread it upon leather, and apply it to the Navill over the neather Ventrick, where the party complaineth moſt. Much more might be ſpoken but I leave it to the ingenious practitioner, and wiſh all men to be temperate, for intemperance is the cauſe of this and many other incurable diſeaſes.

4 *Of the Peſtilence or Plague.*

THe Peſtilence is a Fevor in the higheſt degree, which may bee taken ſeverall waies, by living amongſt ſick people, by a corrupted Aire, by rotten and corrupt Dyet, which filleth the body with rotten

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nd corrupt humors, but ſome bodies are ſtronger then others, ſome are more temperate in eating and drinking then others, in them rotten humours abound not, and, the infection faſteneth not ſo ſtrongly upon them, but nature expelleth it, this is the reaſon that ſome people never catcheth the Peſtilence, though all be in a roome together, ſometimes the infection happeneth, by living with the ſick, and lodging in bed with them, drawing the breath that commeth from the ſick party, if they approach near to them; as the office of the Lunges is to draw in freſh Aire to comfort the heart, inſtead thereof it drawes in a venomous breath, which may be the deſtruction of the heart: the cauſe of a corrupted Aire, is by ſtanding Ponds, or Marſhes in the heat of Sumer, rotten Coleworts, rotten Roots, and fruits, & many people continuing in a cloſe room, many dead Bodies unburied: which may happen in the time of War, dead Carrion and ſuch like, immoderate heate of the Aire, and moiſture in Summer time, thick Miſts, eſpecially about Autumn, that in a morning it may be ſmelt. The cauſe

of

of corrupt humors in the body, is by eating corrupt meates and drinks, as flesh long unsalted, rotten fruits, Cole-worts, and rotten Cabbig, and roots: and corrupt water, or wine, or beer made with evill water, breeds rotten humors in the body, which I wish all men to have respect unto, and the best means to preserve their bodies from the Pestilence that is, is not to continue in a pestilent Aire, make fires often, burne Rosemary, Sage, Juniper-wood and Berryes, Frankinsence, Myrrh, Pitch, and such like what you eate let it be wholesome, gluttonizing doth corrupt the blood & produce dangerous diseases, as the Measles, the Pox which are the fore-runners of the Plague, alwaies eate with your meate sharp things, as Vineger, Vargis, Oringes, Lemons; let your pot-hearbs be Sage, Isope, Balme, Bugloss, and Burrage, drinke no wine but alay it with good water, eate *Terra Lemnia* or fine Bolarmonack as before is shewed, carry in your Knap-sack a Box of Diascordium, and Methridate, a handfull of Rue the root of Setwall, in shops *Zedoary*, and Elicampane roots, take either of these

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t may preſerve from the Infection, but a-
bove all, if you come into a houſe, or place
hat you doubt you have taken the Infecti-
on, go preſently and dig a hole in the freſh
arth, put in your mouth and noſe, and
reath into it a quarter of an hour, then re-
nove from that place and dig another hole
nd do likewiſe, this you may do three or
our times, and by Gods bleſſing the freſh
arth will draw the venome from your
eart, which I have proved alſo, if a man
e in a ſound, or choked in a roome, where
multitude of people are, it will as it were
etch life againe.

Further if you go into a roome which is
afected, hold a turffe of freſh earth to your
outh and noſtrills, it will preſerve you
rom the contagion, as I have proved: you
uſt avoid Bathing, *Venus*, and violent ex-
rciſe, which openeth the Pores, then the
enomous Aire will have no entrance into
he body to deſtroy it: to be Coſtive is
urtfull, for prevention thereof you may
ive a ſoft Gliſter or Purge, with
iludie Ruſi, alſo it is good for young peo-
le to be let blood, but remember to uſe

a good dyed after it, and keep in untill the blood be ſettled again: and avoid all perturbations of the minde, as wrath, melancholly, and ſuch like: Many more remedies might be ſhowed, which for brevity I omit; only this antidote you may cauſe to be made at any Apothecaries to carry in your Knap-ſack, and for the Country man to keep in his houſe, to uſe if occaſion be; Rec: of *Saffron* 3ß. of *Alloes Epaticke* of *Mirrh* 3ij. *Maſtick* ℈j. *Bolearmonacke* 3j. *Terra Lemnia* 3ij. *harts-horne* burnt 3j ß. the bone of the *Harts-heart*, *red Corrall ana* ℈j. *Walnuts* in number 20. *Figs* 13. *Bayſal* 3j. of *Rue* a little handfull, Roots of *Scabius Ariſtolochia Rotunda* 3ij. *Tormentil* and *Pimper-nell*, *ana*. 3v. *Bitany* 3j. *Zedoary* 3 Seeds of *Sorrell*, and Seeds of *Purſlain*, *ana* 3ß. and make all theſe into an Electuary with clarified hony, or with Syrrup of Gillyflowers, and Marygolds, take every morning upon the poynt of a knife, the quantity of a Nut, it wil preſerve from the infection, in like manner you may take it at any time when you come among infected perſons: thus farre I have ſhewed you how

ow the Peſtilence happeneth, and how o prevent it; Now I will ſhew you brief- y the ſimptomes and ſignes of it, and pro- eed to the cure: When the wind is often in he South and Weſt, the Aire much al- ered, ſpecially in Autumn, many pimples iſing: the Meaſles and Pox in divers places ncreaſing, are the ſignes of the Peſtilence enſuing: the ſimptomes are, the extreame arts of the ſick perſon wil be cold, and the nward parts very hot; heavineſſe, lazy and leepy with a great pain in the head; ſome- imes ſadneſſe, ſometimes raving, vomit- ng, purging, loſſe of appetite, great thirſt, he Pulſe frequent low and deep, the tongue ed, at firſt growing black; the Urine thick and troubled, but ſometimes like the U- rine of a healthy man, (therefore I wiſh you to obſerve other ſignes) moſt ſpecially if there be any riſings behind the eares, armepits, or groine, theſe are cheifly to be obſerved: And now I proceed to the cure.

5 *The Cure of the Plague.*

IF you come to the ſicke party, the firſt or ſecond day of falling ſicke, the common uſe hath been to open a veine in that

that ſide that the Botch appeareth, or that ſide he complaineth of: for if you let blood in the contrary ſide, you draw venome over the heart, and deſtroy the body, alſo if the greiſe be above the ſhoulders, cut the Cefallick veine, if below the ſhoulders, cut Baſilica, ſo if it be below the neather Ventrick, cut the vein in the Ham, or the Anckle; but the practice of ſome is not to bleed, you may apply cupping-glaſſes: if the Peſtilence ſhould ſeize upon a man at dinner, or Supper, give him a vomit: If it happen other times, you may give the party of the Antedote before written, the quantity of a Nut in ſome *Scabius* water, and cover him very warm to ſweat an hour, and cool him gentlely, it will both cure and defend him from it: or you may give this Medicine following: Rec: *Methridatum* ℈j. *Theriaca Londinenſis* ℈ij. *Bolearmonack* prepared ℈jſſ. waters of *Bugloſſe* and *Scabius* as much as is ſufficient to make it into an Electuary, give to the ſick the quantity of a dram, and lay him in a warme bed, and cover him with clothes that he may ſweat four hours, then let him be cooled gentle-

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ly by taking off the clothes one after another; this being done, uſe the ſame the ſecond day, and by Gods bleſſing it may drive the venome from the heart, unto the extreame parts, which I wil direct for the cure thereof hereafter: you may alſo take *Electuarium de ovo* the quantity of a dram or a ſcruple, according to the ſtrength of the party, it is commended above all by ſome Phyſitians; but *Bolarmonick*, or *Terra lemnia*, I have proved them the quantity of a nut given in poſſet-drink or in ſurrup of Gilloflowers, and 3 grains of Saffron powder, this will drive out the venome into Botches like Carbunckles when other Medicines be wanting, ſo the party hath recovered, it is alſo good to drive out the Meaſels and the Pox, remember in the time of ſweating, you muſt not let the party ſleep, nor in ſix houres after; you may give him Julips, made with waters of *Scabius*, *Sorrel*, *Enative* and *Succory*, ſurrup of *Gilloflowers*, of *Wood ſorrel*, *Lemons*, *Violets*, and ſuch like, for his meate, you may boile a Chick, with Sorrel, the juice of Lemons, and Burrage-flowers, or

Marigold-flowers are very good; alſo you may diſſolve a little Saffron in his Vineger to dip his meat in it, but let the Saffron be very finely poudered, or tyed in a linnen cloth (as Saffron is a Cordinal, ſo if much be taken it hurteth) Many other cordial things may be uſed, wood of Aloes and Sanders grated into his beere is commended.

6 *The Cure of the ſwelling or Plague ſore in the extream parts.*

IF the ſwelling wil not break it ſelfe, you may apply that plaiſter called *Diachylon compoſitum*, or *Galbanum* ſpread upon Leather, and applyed to the place: or an Onyon cut off the top, and dig out the middle, and put in *London Treacle*, and three or foure leaves of *Rue*, put this to the fire and roſte it, when it is wel roſted, lay it warm to the Botch or ſwelling, if it break put in a Tent, and let it run what it wil, when the corruption is out; *Diachilon* wil heale it up againe, alſo you may uſe this; Rec. great *Raiſons* halfe an ounce, *Bay ſalt* 3j. *Figs* 6 Oyle of *Cammomell*, and *hony*, as much as wil make this into a Playſter, ma-

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ny other medicines might be ſet downe, but theſe wil eaſily be gotten; if you deſire further, repaire to your learned Phyſitian.

7 *Of the Calenture and ſpotted Feavor.*

THeſe Feavors are very near unto the Peſtilence, which doth often happen unto Mariners at ſea, by feeding upon ſalt Beefe, Bacon, ſalt Fiſh, and evil water, pulſe and worm-eaten bread, which cannot be avoided at Sea, this Feavor is known, by feeling the outward mẽbers cold, & thoſe within, as the Peſtilence, ſleepy, and heavie, the pulſe very low: This Feavor bringeth death in 24 hours many times if not ſpeedily prevented: furthermore, you ſhal perceive the Patient as it were diſtracted, ready to leap into the Sea, ſometimes vomit, the tongue white underneath, and black at the top, cold ſweats, cramps, with many other accidents, like as in the peſtilence: For the cure thereof, if the patient be able to endure Flebothomy, open a vein in the arme, if he complain moſt in the head, cut the veine called *Cephalia*, if at the cheſt, the *Baſilicke* vein, remove the ſick into a freſh

room, make a fire in it firſt, then put out the fire, and refreſh the room with ſweet waters, or what elſe may be had at the Sea; if at Land caſt Ruſhes in the Roome, and green Boughs; if the Aire be hot, miſty, and moiſt, ſhut the windowes, if clear and pure let in the freſh Aire to comfort the heart: At the firſt you muſt not let the ſick ſleep overmuch, that will draw the venome to the heart, until it is defended by giving cordials, ſuch as is preſcribed before in the chapter of the Peſtilence, his dyet muſt be Broth, made with cordial Flowers, and a little Saffron tyed in a cloth, after the third day you may give crums of Bread in his Broth; for the cure, if time wil permit, give him a Gliſter before letting blood, in this manner make your decoction with cordial flowers, after boyling diſſolve into it *Diaſcordium*, *ſurrup* of *Violets*, *Roſes* and ſuch like; after Phlebothomy give him a cordial, and lay the party to ſweat, as is taught in the chapter of the Plague: After ſweating and Phlebothomy, the ſick may drinke *Barly-water*, made with coole hearbs,

hearbs, Raiſons of the Sun ſtoned, and a ſcruple of Saffron tyed in a cloath and boyled in the water, Lemons boyld in Milke both rinde and pulpe, untill it is turned to Curds, and Whay, drinke the Whay continually as you thirſt, I have proved it of good effect.

And when he hath recovered a little ſtrength, and the venome expelled from the heart, let him be purged with this Potion; Rec. a quart of running water, or more, a handfull of cordiall Flowers, a little *Cardus Benedictus*, a root of Tormentil, a legg of a Poultry, theſe being boyled, take a pint of that liquor or thereabout, diſſolve in it of *Diaphenicon*, ʒj. *Diacatholicon* ʒj ß. electuary of Roſes ʒij. give the ſick this to purge the dregs of the Feaver, as you ſhal ſee cauſe, adding ſome cordial ſurrups after purging, made with Diaſcordium, Amber Beaſer, ſurrup of Violets, and ſurrup of Lemmons, waters of Bugloſſe, Burrage and Wood Sorrell to drinke at night, ſo by the bleſſing of God the ſick may recover health againe.

8. *Of the Scurvie.*

THere is the ſea Scurvie, and the land Scurvie, both of theſe are a putrifaction of bloud which commeth by the neglect of exerciſing the body, and eating rotten meates, and corrupt drinke, or water, as is ſhewed in the former Chapter; the obſtructions of the Spleen doe increaſe this evill, and the Morphew and blacke ſoult, the ſimptoms are theſe; the gums ſwell, the teeth looſe, the leggs wil ſwell, and have ſpots about the anckles, ſome will have many tawny ſpots about their breaſt, other ſome have complained with a great paine in the head, with a ſoreneſſe all over the head; I cured a Tanner that laboured with this evill ſeven yeares, chiefly in the Spring, and at the fall of the Leafe; by his owne relation in his youth he was laborious, but after he had gained a competent eſtate he took eaſe, and eate much, but of groſſe meat; his drinke was made of ſtanding water, which as he ſuppoſed made the ſtrongeſt drinke, his bread was made with Barme, or Yeaſt, but in his youth he eate leavened bread,

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ſo from this and ſuch other of the ſame I have obſerved, that evill water, and unleavened bread doe breed this and many other dangerous diſeaſes, for drink made of ſuch water, the venome doth purge by the Barme, and is in it, of which bread is made, and he that eateth ſuch bread (eſpecially in Cities and Townes) may have the Scurvie, and Feavers of all ſorts, for if there be any venome in the drinke it will be in the Barme; therefore I wiſh all men to eate leavened bread if he can have it, and drinke made of cleare water ten dayes old at leaſt.

9 *For the Cure of the Scurvie.*

THe firſt intention is to keep a good dyet, and exerciſe the body moderately, his meat muſt be meates of the beſt nouriſhment, as Birds of the Field, Mutton, or Veale, Rabbets, and Chickings, broath made with Agremony, Avins, Scabius, or Bitony, and ſuch like; all ſalt meats muſt be avoyded, the firſt three dayes let him take a draught of Oximell in the morning faſting, and laſt at night, which is to be made in this man-

Iner; Rec. a quart of cleane water, a root or two of Fennell, three or foure roots of Parſley, a ſprigge of Roſemary, a little Fumotery if it be to be had, Fennell-ſeeds, and Parſley-ſeeds of each a Dram, three ſpoonfuls of the beſt Honey, let this boyle gently, and ſcum it, and in the boyling put into it two ſpoonfuls of Vinegar, after this hath been taken three dayes, take of *Rubarbe* ʒj. of *Sena* ʒj. 40 Rayſons of the Sun ſtoned, a race of Ginger ſliced, ſweet Fennel-ſeeds, Anniſ-ſeeds of each ʒj. let theſe be infuſed all night upon Coales, the next morning take halfe a pint of this and diſſolve in it a Dram of *Diacatholicon*, take this three mornings, after this let Bloud if need require; the body being thus prepared, make your Scurvye-graſſe Drinke in this manner: Take a peck of Scurvie-graſſe, and a gallon of Water-creſſes, and a gallon of Brook-limes, one handfull of Egremony, one handfull of Tamariske, or the buds or barke of the Aſhe, Rayſons of the Sunne, ſtoned a pound, of Licoriſh halfe a pound, contuſed Fennell roots peeled, and Parſley roots, Anniſ-ſeeds, and

Fennell

Fennell ſeeds a quarter of a pound, put all theſe into a thin Bagge, in five gallons of Beere or Ale, put the Bagge into the Barrell when the drinke is ready to be tunned, with a ſtone in the bottome of the Bagge, let it hang within three or foure inches of the bottome of the Barrell, let this drinke worke with theſe ingredients in it, then ſtop it cloſe, and at eight or ten dayes drinke of it and none other (except a little at meate) untill the Party be well; moſt eſpecially in the morning drinke a pint, and exerciſe untill the party is ready to ſweat, and keep him warme after it; the ſpoon-wort is good for the land Scurvie, uſed as before is directed, and taken forty dayes together.

10 *Of the Flux called, the Plague in the Guts.*

THis Flux in *England* which is called by many, the Plague in the Guts, is contagious as I conceive, a venomous matter cleaving to the neather or great Guts for the moſt part, ſome ſeeme to have no Feavor, other ſome have a Feavour, and complaine moſt in the middle Ventricle; in

in briefe, I ſuppoſe the Cure is accompliſhed by giving Cordials, and ſweating, and by Gliſters, if the Flux appeare to be bloudy, or like ſcraping of Guts; without a Feavour, you may proceed as I directed before in the Chapter of the Flux Dyſenteria; at the firſt comming of this Flux, take a quart of Milke, boyle in it a handfull of Marigold Flowers, Sage, and Roſemary, Bryer leaves, and knot graſſe, this being boyled take one pint of this, put into it ſurrup of Slowes, ſurrup of Gilly-flowers, *anna* ℥j. the yolke of an egge, and a dram of Diaſcordium, give this bloud warme, the next day if ſtrength permit give the other pint of Milke in a Gliſter as before is directed, but after the firſt Gliſter hath done working, give a Cordiall thus prepared, take of the water of *Burrage*, *Scabius*, and *Marygolds*, *ana*. ℥j. *Diaſcordium* ℥j. *Confectio Alcermis* ℈j. *Mithridates* ℈ ß. ſurrup of *Violets*, ſurrup of *Gilo-flowers*, *ana*. ℥j. commix all this together and drinke it warme, preſently after let the ſick be covered warme, to ſweat two houres if ſtrength permit; in ſweating

ng, drinke Poſſet wherein Saffron is boyed, this being uſed three times may cure it, for it hath recovered many of the above named Flux, keeping a good dyet without fleſh; thus briefly of the Peſtilence, which deſtroyeth many, if meanes be not uſed to prevent it in time.

11. *The cure of the Itch, and Lice.*

FOr cure thereof Methodically, is firſt to obſerve a good dyet (that is to ſay) you muſt eate and drinke ſuch things that breed good bloud, and to avoyd all things that breeds evill and rotten humours, as you may ſee in the Chapters before going; then purge the body with *pilule de fumo terræ*, or *pilule Inde haly*, which you may have at any Apothecaries, the ſecond day let bloud in the Baſiliske veine, then make this water following; Rec. A gallon of running water, or the water that Smiths uſe, and quench in it a gad of ſteele red hot untill halfe the water be waſted, then boyle in it a quarter of a pound of leafe Tobacco, of Dock roots, Willow leaves, and leaves of the Birch, of each a handfull, of Brimſtone tyed in a Cloath,

Cloath ʒij. walh the ſore places twice in the day and you ſhall be cured (except the Itch be incorrigible, which with long continuance doth bring it to paſſe ; alſo if you make ſo much of this water as will wet your ſhirt twice in the weeke, the ſhirt being cleane waſhed and dryed, then dipped in this liquor, and dry it againe, it will both kill the Itch, and deſtroy the Lyce that are about you) I have read a ſtory of ſome Souldiers that would boyle Saffron, Pepper, and Graines in running water, and in that liquor dip their ſhirts twice in the weeke, it will make the ſhirt yellow, but it deſtroyed Lice and Itch ; others of the inferiour ſort would boyle Staveacre and Tobacco in water and dip their ſhirts in it, and cure both Itch and Lice. Many more Medicines for the Itch have been uſed, as Brimſtone pounded to Powder with Ginger, and tyed in a cloath, and infuſed in ſallet Oyle nine dayes in the Sun, annoynt the ſore places with this oyle and be whole (but this will ſmell) alſo Mercury ſublimate ʒ ß. beaten to powder, and put into a quart of

running

Running water three or four dayes, then with a little cloth wet the ſore places, it may cure the Itch, but it is dangerous, and muſt not be uſed unto raw places, for it may poyſon the blood, therefore I wiſh that none would uſe it without the advice of his Chyrurgion.

So I come to ſpeake of the incorrigible Scab called by ſome the *Naopolitan* diſeaſe, which happen, and hardly found out, the firſt cure(as *Vigo* ſaith)of this foul diſeaſe is called *Morbus Gallicus*, I wil ſpeak little of the cure in this place, becauſe divers have written largely of it, and the maledy being Chronicled it wil require a long time to perfect, I will onely give you ſome cautions to preſerve from the infection, if you be infected before it be confirmed, to expell it: The infection of this evill commeth cheifly 4 wayes, but ſeldome or never by eating and drinking, with the diſeaſed as many think, the moſt dangerous way of catching this Maledie is by a clean body carnally acting with an unclean body; the next way of taking it is, man and man, or woman and woman lying in bed,

bed, the one cleane the other uncleane, the heate of their bodies do as it were participate of each others Itch, Scab, Pox or Peſtilence; The third way of taking this Infection, is by approaching ſo near the diſeaſed party, as to draw in its corrupt breath, as in the Peſtilence; The fourth way is, Infants ſucking an unclean woman. Signes how to know this diſeaſe, if it be newly taken not ſo eaſily diſcerned, if of long continuance, the face of ſome will be wan and pale, the eies hollow, and blew, ſome ſcabs about the noſe, ſometime Vlcers, ſometimes no Ulcers, a full paine in the head, great paines in the joynts, eſpecially in the night, the Shin bones continually pained, the Vvula and neck ſwoln, the Spade bone and ſinewes in pain, Lazy and Lumpiſh, Gonorrhea ſwelling, in the Arme-pits little Knobs or Ulcers, about the privy Members, and Fundament, ſometimes Scabs over all the body, with many more.

For

12 *For cure hereof newly taken, and not confirmed.*

FIrſt of all you ſhal obſerve a good dyet, that is, eate Veale, Mutton, roſted Birds of the Mountaine, Hens, Chickings, Partridges, or Phelants, and ſuch like: All ſalt meat is hurtful, al fiſh, but Cra-fiſh; Garlicke Onyons, Salt, Pepper, Swines-fleſh, and White-meates, and *Venus* is forbidden; ſometimes the Patient may uſe Burrage, Lettis, White beets in Rice broth, when he is wearyed with meat dry roſted; The ſecond intention is to digeſt the corrupt Matter with ſurrup of Violets, ſurrup of Fumotary, of each halfe an ounce, water of Endiffe, and Maiden haire, a ſpoonfull of Vineger, let this be taken over night, the next morning give him this potion, take a handfull of Burrage Flowers, a handfull of Mary-goldes: 40 Rayſons of the ſun ſtoned, boile them in a quart of water, to a pinte, then take a dram of *Rubarb*, and infuſe in it all night, in that pinte of liquor, diſſolve of *Diacatholicon* and *Diaphenicon*, of each half an ounce, in the ſame liquor, and take it faſting,

faſting, and faſt two houres, in the interim provide ſome thin Broth to drinke as he Purgeth, after purging give ſome Cordial ſurrups with Diaſcordium; the ſecond day Purge againe, the fourth day Sweat 4 hours, the ſixth day Sweat 4 houres, and the eight day ſweat 4 houres; in this interim provide this drink, take of *Lignum vite* li. j. of the Barke of the ſaid wood li. ß. *Raiſons of the Sun* ſtoned, li. j. *Chinaroot* ʒij. *Saſſafras* ʒvj. *Salſaperilla* ʒix. *Cardus Benedictus*, and *Maiden-haire* Mj. of *Liquoriſh*, and *Annyſeeds* li. ß. of each, and 16 pintes of water, put all theſe in a pot very cloſe ſtopped, and let it ſtand upon the coales 24 hours to infuſe, then let it boyl 24 houres gently; in the boiling, put in of white wine a quart, ſcum it, and ſave the ſcum, to apply to the ſcabby or ſoare places, ſtrein this liquor and keep it in a veſſel, cloſe ſtopped, drink this drink and no other 40 dayes (except at meate) a little ſmal drink may be permitted, thus have I cured many, at the firſt, before the evil be confirmed; alſo this drink wil cure al diſeaſes of the Liver, as the Dropſie, &c. if right-

ly

ly uſed: Further, if the party be Scabby, or Itchy, make this Bath following, Rec. of the Roots and Leaves of Docks, Chick-weed, Fumoterry, of each a little bundle, Lentils, and Lupins, four handfuls bruiſed, Elicampane Roots, Walwort, or the roots inſtead of Walwort, Elder, li. ij. *Black helibor* ℥iiij. *Kneeholme* li. ij. Brimſtone li. ij. boyle all theſe in ſo much water as will bath a man, when the third part is waſted, then let the diſeaſed Bath and ſweat in it, two or three times in a week, after Bathing, let the patient go to bed, and keepe warme, and drinke the aforeſaid drinke, this hath cured many but if the Scab be more inveterate, uſe this unction, Rec. of *Quick-ſilver* killed with faſting ſpittle, ℥j, in a readineſſe, then take the Oyle of *Bayes*, and *Maſticke* of each an ounce, and of the liquor of the Bath aforenamed a pinte, of freſh Butter, and Swines greaſe, ℥ij. of each; ſeeth all theſe until the liquor be waſted, then adde clear *Turpentine* ℥j. of *Storax liquidam* ℥ſſ. *White wax* ℥iiij. *Rock Allum* burnt ℥j. *Litarge* of gold and ſilver ℥ij. of each, of *Myrrh* and *Frankenſence*

kenſence, ana. ℥ij. juyce of *Lemons*, ℥iij. commixe all theſe together with the *Quick-ſilver* quenched, and annoynt the Scabs, this will cure; if you annoynt and ſweat untill the Flux be moved, but if this evill be confirmed and ulcerated it will require a longer diſcourſe, which you may have hereafter if time permit; thus briefly I thought good to direct the Souldier, and others to prevent the danger thereof. I have read that *Charles* the eighth, King of *France*, comming to *Rome*, and *Naples* with his Souldiers, they brought this Diſeaſe into *France*, the *Spaniard* inſtead of Silver and Gold, brought it from the *Indies*, but I hope better of our Country-men, and reſt, &c.

13. *Of the Flux of bloud in wounds, and the remedies thereof.*

IF the Flux be little it is the eaſier reſtrained, but if it flow out abundantly, there muſt be ſpeedy remedy, for bloud is the treaſure of life, ſometimes it chanceth in the inward parts, ſometimes outwardly, inwardly by violent moving, and ſuch like may breake a veine, outwardly by Swords,

Swords, Guns, Pikes, and other Inſtruments; alſo it doth happen by venomous medicines applyed to wounds, corrupting the veines, which cauſe a Flux; if the Flux happen in the inward parts, as in the Liver, Lungs, Reines, and Bladder, it is of hard curation, yet it muſt not be neglected, for which purpoſe all ſtipticke and conglutinating things muſt be uſed, as Cumfrey roots, knot-graſſe roots, Gum Dragagante, Terra Lemnia, Bolearmoniacke, Rice, Quinces, Lentils, Pomgranats, and ſuch other cooling drinkes are beſt, and broths made with the above-named ſimples may help forward the cure, but this Medicine following I have proved; Rec. *Pomgranat Rindes* ℥j. *Pulveriſ. Bolearmonack* ℥ſ. *Terra Sigillata* ℥ij. *Knot-graſſe* and *Cumphrey roots* pounded, and the juyce preſſed out, *Gum Dragagante* ℥ ſs. infuſed in that juyce, make the ſaid Powders into Pills, like little Bullets with this infuſion, and give the ſick ſix of them in a day, three faſting in the morning, and three of them laſt at night, continuing this ten dayes, and it will make you whole.

14: *The Flux in outward wounds*

ARe chiefly two, if it flow from the veines it is groſſe and red, if it come from the Arteries, it is of a purple colour, and commeth out by heaps, both theſe muſt be ſpeedily cured, if the Orifice be large; to cure this, take of *Bolearmoniack*, *Terra Sigillata*, *ana.* ℥j. *Dragons bloud*, ℥ſſ. *Alloes*, and *Frankenſence*, *ana.* ℥ij. *Hares haire* cut in peeces, of Spunge of the Sea dryed and burnt, *Dragagant* brayed, mingle all theſe together and binde it to the wound, and let it reſt to the third day; ſo mans bloud dryed into powder will ſtench the bloud, the wound being filled: alſo, if need require you may binde the extreame parts, or open a veine in the contrary part, as if the right Arme be wounded, open a veine in the left; you may cautorize the place, wet Lint in Vinegar, or a cloath wet in Vinegar and put about the Codds hath been uſed with good effect; beſide all theſe, *Gerrard* in his *Herball* ſpeakes of an Herbe called *Clownes all-heale*, that was found out by a Mower which wounded himſelfe with his Sithe dangerouſly, he

not having any Chirurgion neare, by accident gathered an Herbe which ſtenched the bloud, and after made a Medicine of the ſame Herbe and healed the wound; this being knowne to *Gerrard* he called it *Clownes all heale*, this I have proved. Alſo it happned that I was comming from *Winchester*, I met with a Souldier comming from a Fight neare *Ailsford*, which was wounded largely in the neck, ſo that the Flux of bloud could not be ſtopped, I remembered an Herbe ſhewed me by an old Midwife that groweth in ſhadowed places, I ſearched under an Apple-tree and found the ſame Herbe, and gathered a handfull, and rubbed it in my hands, and filled the wound there-with, it ſtenched immediatly, after I made a Salve of the ſame Herbe, and cured the wound in 14. dayes, only I annoynted it with Oyle of *Hipericon* the ſecond dreſſing, and gave directions to him to doe likewiſe; the ſame Souldier came to my dwelling in 14. dayes perfectly whole, and gave me thankes; this I have often proved ſince that time, the name of the Herbe is, *Archangel*, or *dead Nettle*, which

which carryeth a purple Flower, this I made triall of when all other Medicines could not be gotten; I write this becauſe any Country people and Souldiers may finde this Herbe when Chirurgions be not preſent, and other Medicines farre diſtant, unleſſe the Souldier carry them in his Knap-ſack, and the Country-man keepe them in his Cloſet untill time of need.

15 *Of Wounds.*

WOunds in generall are according to the ſeverall Members, as wounds in the head, face, neck, ſhoulders, and armes, &c. but Wounds chiefly to be obſerved are two, that is, Mortall, and Curable; alſo wounds curable may be made mortall by ignorant Chirurgions, therefore I wiſh all men to haſten to an able Chirurgion. As wounds that are mortall is in the Braine, the Heart, the ſtomack, the ſmall Guts and the Bladder, nevertheleſſe I wiſh all Chirurgions not to neglect the meanes, for I have ſeen Gods mercy wonderfully ſhewn in giving ſtrength to Nature when the judgement of man faileth; As touching wounds ſuperficiall or deep after the Flux

of

of bloud is ſtopped as before directed, and that your Chirurgion cannot be had; firſt conſider whether there be any diſlocation of bones or fractures, or whether any veines, Arteries, ſinews, ligaments, tendons, or Muſcels be wounded, if you finde any of theſe you muſt proceed to the Cure very carefully, or elſe you may make that wound gangred or rotten, which at the firſt might be cured; this I have ſeen by ignorant people, applying hot Medicines to hot and chollerick wounds, and cold Medicines to the cold cauſes, as *Hemlock*, *Henbane*, and ſuch others, which I omit, and come to ſhow you whether there be any Diſlocation or Fracture; Firſt, compare one member with the other, as if the ſhoulder be depreſſed it will be lower then the other, neither can the party lift it to his head; if the elbow be out of joynt, the hand cannot be turned about, neither wil it be like the other, for the reducing of ſuch a member, haſten to your Bone-ſetter, but in his abſence if ſuch a thing happen in the fingers, toes, or the elbow, two men graſping the member very faſt, a third

man directing them to pull in the joynt, and the ſaid third man with his right thumbe upon the place, the left hand turning the member into his right place, which the Patient will ſoone finde eaſe, if rightly performed. Further, if the ſhoulder be out, let that man put his arme over the round of a Ladder, or over the head of another man that is higher then he that is diſlocated, the Chirurgion, or he that ſetteth the joynt put both his thumbs to the place, a ſecond miniſter or two holding faſt the lame Arme over the Ladder, or over the ſame mans head, ſo the ſick may be above the ground, and the weight of his body with this help may reduce this joynt into his proper place; many other wayes there are, but I omit, and come to Fractures, which muſt be very diligently placed, if in the thigh, or above the elbow where is but one bone it may be broke ſhort off, ſo the member wil be ſhorter then the other; this muſt be drawn into his proper place as before is ſhewed, if riven or ſhaken into ſplinters, they muſt be all placed and bound up in ſome frame or

ſpleets

ſpleets, paſt-board, or Iron made according to the form of the member, if wounded through the fleſh, there muſt be a place left for the dreſſing of the wound, and an implaiſter made with *Bolearmonick*, *Terra ſigilata*, *Gum Dragagante*, *Dragons bloud*, *whites of Eggs* laid upon Flax, and applyed round the member grieved, put into the wound Oyle of *Elder*, and Oyle of *Hipericon*, alſo make Tents with Lint rowled in the ſame Oyle (but be ſure make them ſo, that you leave none of them behind when you take them out of the wound;) above all be ſure that no duſt nor haires fall in the wound, nor Lint left behind that commeth off the Tent; alſo there muſt be care had of wounds of dry bodies, and of moyſt bodies, as tender bodies are more moyſt then thoſe that labour and travell, if you finde them to be moyſt bodies, you may uſe drying powders, as *Bolearmoniack*, if proud fleſh, or dead fleſh, then uſe burnt Allum, or Precipitat, or you may make this powder: Rec. *Sarcocolle*, ℥j. *Oliban.* ℥ij. *Aloes Epatick* ℥iij. *Maſtick* ℥j. *Frankinſence*, ℥ij. *Dragons bloud* ℥j ſs.

Balau-

Balauſtia ℥j make this into fine powder and it will incarn wounds, if you finde the wound to be dry you may uſe the ſaid oyle of *Hipericon*, oyle of Lillies; if the ſinews be wounded, oyle of Elder is very good. To preſerve a wound from Impoſthumation, Rec: of Mallowes, Beets, Violet leaves, and Landebeef, of each a handful, boyle them until they be ſoft, then put in oyle of Roſes, and white Lillies, make a Cataplaſme or Poultis, with Roſes, Rye meale or Barley meale, adding ſome Hoglard, apply this warme until the Impoſtume be removed, for no wound can heale until the Impoſtume be cured.

Likewiſe a Member may Cancern if not ſpeedily removed, that Member muſt be taken off; to prevent this you muſt obſerve, whether the Member about the wound, do alter in coulour, gliſſen and of a blew colour, the member doth not quite rot, but the ſpirits being hindred from comming to that place, it doth mortifie; which commeth by applying venomous Medicines, ſometimes by overtying of a member when a bone is broken;

ſome-

ſometimes by applying things that are cold, ſtipticke, and ſharpe, theſe and ſuch others may cauſe Cancerna, now to preſerve the Member wounded from cancerna; Rec. oyle of *Roſes*, *Umphacin*, oyle of *Mirtive ana*: ℥iij. the juice of *Plantaine* and *Nightſhad*, *ana*: ℥ij. *ſſ.* let them ſeeth all together until the juice be waſted, then put to *white Wax* ℥j. *ſſ.* Flower of *Beanes*, *Lintiles*, and *Barley ana*: ℥ij. *ſſ.* of all the *Sanders pulveriſed ana*: ℥j. *ſſ.* *Bolarmoniacke* ℥j. *graines* and *mirtiles* a Dram, make this into a Plaiſter, with oyle of *Elder*, labour it in a morter into a plaiſter, beſides all theſe, there happneth Feavors, Cramps, Convulſions, and many other by applying evil Medicines to a wound which muſt be removed, before the cure wil be ended; if there be a Feavor, you muſt give cooling Gliſters and purge with Potions following, make a decoction with Cordiall flowers, in a ciate ful of that decoction, diſſolve of *Diacatholicon* of *Diaprunis*, *ana*: ℥ſſ. ſurrup of *Roſes* ℥ſſ. take this faſting as a potion, if pained in the head, take *Pilule chochie* or *Pilule aure*, and ſuch like; if the Crampe

Crampe aſſaile the body, rub the member with warm clothes, or oyle of *Hedghog*; if a Convulſion, rub the pole and the member with oyle of *Caſtoreum* and *Sage*. Theſe impediments being removed, I proceed with the Cure as followeth; If the wound be large or dangerous, let his dyet be good Broths, and meats of eaſie digeſtion, as Birds of the Hils, *Mutton*, *Veale*, *Chickins* and *Rabbits*; he muſt avoid ſalt meates, *Beefe*, *Pouſſe*, *Cabbig*, and windy meates, as fruits, nor drink no inflaming drink: The next intention is to keep the body ſoluble, with potions, Pils, or Gliſters, then you muſt waſh the wound with this lotion, take *Plantain water*, *Bugloſſe*, or *Burrage water*, *odoriferous Wine*, *Pomgranet flowers*, *Plantain leaves*, the flowers of *St. Johns wort*, boyle this together and waſh the wound, then make Tents and roule them in oyle of *Hipericon*, and fill the hollow places with them, then make Plaiſters to mundifie: Rec. of clear *Turpentine* ℥ij. *Hony* of *Roſes* ℥j. *Smallege* ℥j. let them boyle together a little time, adde thereto the yolke of an *egge*, *Saffron*, a little

little *Myrrh* ℥ij. of *Alloes* ℥j. make this into a ſtiffe Plaiſter, with oyle of Roſes, and flower of Barley, this wil mundifie and clear a wound in two daies, if not very foule; after the wound is clear, you may proceed again with healing Medicines; if not mundified, you may uſe *Unguentum Egiptiacum, or unguentum Baſilicum*; and for a healing-Plaiſter, the wound being mundified take of *Clownes all-heale, ſalilly, Archangell, ana*: one handful, pound them, and boile it in Hoglard, then ſtraine it, let it ſtand to be cold, take the top of it, poure away the bottome, and boile it with wax and Roſen, ſo much as is ſufficient to make a Plaiſter, this, or one of theſe Hearbs made in a Salve, will heale a green wound, or you may have this Implaiſter made at any Apothecaries, Rec. *Salet oyle* ℥iiij. *white Wax* ℥j. *Turpentine* ℥ ſs. *Greek Pitch*, ℥j. *Frankinſence*, and *Maſtick ana*: ℥j *Saffron* ℈j. mingle theſe and boile them upon a gentle fire, and make Plaiſters: So I end for old Ulcers, you may mundifie the Soare with *White wine*, and *Aquavitæ*, or with the Mundificatives before written, as *Egiptiacum*,

or

or *Unguentum apoſtolorum*, and finiſh the Cure with the above named Medicines.

16 *To cure a Gun-ſhot.*

THe Chyrurgeons firſt intention muſt be to ſtop the Flux of blood, next to ſearch diligently, whether the bullet do remain in the member wounded, or whether the bullet have carryed any thing before it into the wound, as Paper, cloath or ſuch like; if ſo, the next intention is, with a *Terra-bellum* or other Inſtrument to take it out. Make this Digeſtive, *Rec:* Turpentine waſhed in Aquaviter ℥iv. Vitelorum ovorum number ij. oyle of Roſes ℥ſs. Precipitat twice calcined ʒj. Saffron ℈j. commix this and make a Plaiſter, after this you may waſh the wound with Plantain water, red Roſe water, with oyle of Roſes and oyle of Elder, after mundifie the wound with this: *Rec:* Venice Turpentine waſhed in Aquaviter ℥iij. oyle of Egges ℥j. or Yolkes of Egges number ij. Hony of Roſes, and ſurrup of Roſes, *ana*: ℥ij. the bran of Fetches, Frankinſence, Maſtick of each ℥ſs. cover your Tents, and make Plaiſters, until the wound bee cleane, then you may proceed to end the cure with the forenamed oyle of Hipericon, and healing Salves.

17 *To cure Burning with Gun-Powder, or burning with fire and ſcalding.*

IF it happen that any part of the body be burned with Gunpowder or fire; take the Juyce of Onyons ℥iv. and common ſalt ℥ſs, beat them well together

gether, and if the burn be bliſtered, anoint it three or four times in a day, for three dayes, then you ſhall proceed as followeth: but if the skin be burnt, and made raw, you muſt cover it all over with the fineſt Lawn and, anoynt it with the Juice of Onyons, and Salt, letting the Lawn lye upon the wound, untill it is whole; but if deeply burned, uſe this following, *Rec.* the fineſt *Hoglard li.*iv. Linſeed oyle *li.*ij. oyle of Roſes *li.ſs.* of Mallow-Leaves, Violet leaves, the Brood of Bees; Plantain leaves, Burnet, Peny-wort, Tulſon, Live-ever *ana*: Mj. infuſe theſe 6 dayes upon a gentle fire, adde thereto white Wax *li:ſs*, white Niter ℥vj. alſo you may put to Shoomakers peece-greace, this being uſed will cure it, chipping off the Lawne, as it healeth: if there be Bliſters you muſt not cut them, it wil be painefull: you may make part of this Medicine if you need not the whole Receipt; Alſo if the burn or ſcald be not much, you may pound Onyons, and a little Salt, or Leeks with a little Salt, ſo much as will cover the ſoare, and let it lye 24 houres, in the interim, take a handfull of Houſe-Leek, and the inner bark of the Elder, bruiſe it and boyle it in a quart of Creame into an oyle, ſcum off the cleare oyle as it ariſeth, keep it and anoynt the ſoare place twice or thrice in the day, and it wil be whole, this I have often proved: You may beate into the Cream the white of an Egge, if your eyes or eye-lids ſhould be burned. *Rec:* Roſe water ℥iij Womans Milke ℥ij. the oyle of whites of two Eggs, Sugar Candy halfe a quartern, mingle

mingle these and make an oyntment and annoynt a bout the eye-lids, and about the eyes: or you ma make this, *Rec:* oyle of Roses ℥vj. white Lea washed in Red Rose water ℥ij. white Wax, oyl of the Whites of four Egges, the Gum called *Cam pher*, make this into an Unguent, to take away th spots and scarres, take oyle of Egges, and oyle of Al monds, and wash the face it cleareth the skin.

Courteous Reader, Seeing many people, as wel Soul diers as others, have neglected the means in time of danger to preserve their health, I thought good to show you briefly some easie medicines, which may be had most of them with little cost (other Medi cines may be made for you at the Apothecarys) to keep in your Closets, or Knap-sacks untill time of need to make use of them in the absence of your Phy sitian or Chyrurgion, which I wish you to hasten unto for advice.

FINIS.

A Table of the Weights used by Phy sitians,

A Scruple.	℈	*A Quarter.*	q.
A Dram.	ʒ	*A Halfe:*	ss.
An Ounce.	℥	*A Handfull.*	M.
A Pound.	℔	*Of every one.*	*ana.*